

## The health of your feet can greatly impact your day to day mobility and your overall wellbeing.

Feeling stable and comfortable on your feet is important to help you live safely and independently at home.

Silverchain's team of Podiatrists are skilled health professionals who provide expert foot care and treatment in your own home.

Our Podiatrists are part of a multi-disciplinary Allied Health team and can help you manage your foot health and treat conditions affecting the feet, ankles, and lower limbs. This can include injuries, pain and balance issues.

### What our service includes

Our Podiatry Service includes both general and specialist care.

- General podiatry care includes treatment for ingrown toenails, corns, calluses, bunions, cracked heels, and dry skin.
- Specialist care may include a footwear assessment, or foot wound treatment, prevention, and management.

Our Podiatry Service is also beneficial for people who have chronic conditions like diabetes or vascular disease, or ongoing foot pain from arthritis.



### Foot and footwear assessment

Your Podiatrist will review your footwear and provide advice on the best footwear for your needs. They may give you custom-made inserts for your shoes, and specific exercises for your condition.



### Diabetes care

It is common for people with diabetes to have problems with their feet. These foot conditions can develop and get worse quickly and be hard to treat. Seeing a Podiatrist on a regular basis for general foot care can reduce this risk.

### How to access our services

Depending on your needs, you may be eligible to access Podiatry Services through Australian Government subsidised home aged care programs such as the Support at Home program, and the Restorative Care Pathway.

If you are already receiving Support at Home funded aged care services, you can ask your Silverchain Care Partner to review your Care Plan to help you access more services.

## Podiatry services

Alternatively, depending on your location, you may be able to receive Podiatry Services privately from Silverchain. For private care, you do not need to wait for a government assessment, and you can start receiving care as soon as possible. For more information, see our website [silverchain.org.au/private-services](https://silverchain.org.au/private-services)

### For more information

Contact us today for more information on our range of in home health and aged care services and how to access them.



- **1300 650 803**
- [info@silverchain.org.au](mailto:info@silverchain.org.au)
- [silverchain.org.au](https://silverchain.org.au)

### Assistance to access information



To access the Translating and Interpreting Service call 131 450.

The National Relay Service (NRS) can help you if you are deaf or hard of hearing. Visit [accesshub.gov.au/about-the-nrs](https://accesshub.gov.au/about-the-nrs)

### About Silverchain

Silverchain is one of Australia's leading in home care specialists, providing health and aged care services to more than 140,000 clients a year.

Trusted by Australians to deliver care that is differentiated by quality and safety for over 130 years, we are proudly one of the only Australian home care providers accredited in both national health and aged care standards.

At Silverchain we celebrate, value and include people of all backgrounds, genders, sexualities, cultures, bodies and abilities.

### Acknowledgement of Country

Silverchain respectfully acknowledges the Traditional Custodians of the lands on which we work and live. We acknowledge Elders both past and present, whose ongoing effort to protect and promote Aboriginal and Torres Strait Islander cultures will leave a lasting legacy for future leaders and reconciliation within Australia.

**Health. Human. Home.**