



Monday, 19 July 2010

## **SILVER CHAIN OFFERS HEALTH CHECKS AT 2010 DOWERIN FIELD DAYS**

As part of their ongoing commitment to increase the community's capacity to maximise its health and wellbeing in rural and remote areas, Silver Chain will once again be undertaking a Health Pit Stop from Site 83 in the Lifestyle Pavilion at the 2010 Dowerin Machinery Field Days, August 25 – 26.

Silver Chain's country services are delivered throughout regional Western Australia; from Carnarvon in the north, to Walpole in the south and to Eucla in the east from 16 community care service centres and 11 remote posts.

Ms Lesley Pearson, Silver Chain Regional and Remote Services Manager, notes that Silver Chain understands the importance of providing health services to rural and remote areas

"Last financial year, Silver Chain delivered over 260,000 individual occasions of service in rural and remote areas with more than 300 of those requiring emergency care. Our nurses are at the frontline to support remote locations and assist with palliative, emergency, home support and family health care services, where there is often no resident doctor or hospital," said Ms Pearson.

"The Dowerin Field Days offer the perfect opportunity for rural and remote residents to complete a health check which they may not have had the opportunity to undertake in a while. We would invite anyone who is interested in receiving an update on their health to join Silver Chain staff at Site 83 in the Lifestyle Pavilion."

For a gold coin donation, Silver Chain's Health Pit Stop screens individuals quickly and non-invasively for three modifiable cardiovascular disease risk factors including blood pressure, body mass index and hip-to-waist ratio.

Information about Silver Chain rural and remote services and how they could benefit you, your family and/or your community will also be on display, and our fundraising merchandise will be available for purchase to support ongoing community care initiatives.

For more information about Silver Chain, visit [www.silverchain.org.au](http://www.silverchain.org.au).

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