

Respite Programs

National Respite Carers Program (NRCP)

NRCP supports Carers of people with Dementia or Dementia and challenging behaviours; frail older Australians, younger people with moderate or severe disabilities and people with a terminal illness in need of palliative care; who are living at home.

The program aims to:

- Provide ongoing support to families through intensive care planning and co-ordination.
- Encourage and assist Carers to plan regular respite from their caring role.
- Develop contingency plans to ensure that provisions have been made if there is a crisis or emergency situation within the family unit.

Mental Health Respite Program (MHRP)

MHRP aims to provide the Carers of people with a mental illness, psychiatric disability, autism or intellectual disability with flexible respite options including part day, full day and 24-hour respite alternatives for crisis respite and short term respite.

Mental illness describes a range of conditions that result in a significant impairment of a person's thinking, emotion and behaviour which may require long-term support and treatment.

Call anytime

We are available **24 hours** a day, **seven days** a week.

Freecall™ **1800 052 222***

*Calls from mobile phones are charged at applicable rates.

Respite for Carers of Young People with Severe or Profound Disabilities

Assists Carers of young people with severe or profound disabilities whose needs are not being met through existing services.

The program aims to:

- Provide immediate and short term respite for the Carer.
- Provide information and access to other services.
- Reduce fragmentation in respite care program management.
- Improve Carers access to respite in planned and unplanned situations.

Young Carers Program (YCP)

The YCP provides support to young Carers under 25 years old who may be at risk of not completing their secondary education or the education equivalent.

The program aims to:

- Reduce disruption to school attendance.
- Improve educational opportunities.
- Increase family stability.

Young Carers may be able to access:

- Tutoring.
- Funding for out-of-school activities.
- Help with housework and meal preparation.