



Home Independence Program Promoting Good Health and Independence

Silver Chain is one of the largest providers of clinical, community, and health services in Western Australia, assisting over 40,000 people each year. With over 100 years of experience and a strong commitment to the future; Silver Chain continues to deliver a diverse range of services across metropolitan, country and remote areas of Western Australia.

Silver Chain’s Home Independence Program (HIP) is an innovative service that aims to assist older people living in the community to remain healthy and independent.

HIP aims to:

- Assist individuals to achieve their highest level of independence.
- Reduce or eliminate any need for ongoing services.
- Prevent or delay any loss in function and promote healthy ageing.

WHAT MAKES HIP DIFFERENT?

The Home Independence Program takes place in the home and uses a varied approach to improving overall health and independence.

Activities include:

- Learning new ways of approaching personal and daily activities that have become more difficult, so that people can manage their own activities without the need for assistance.
- Using equipment that can assist with personal care and day to day activities.
- Regaining confidence with managing day to day tasks (safely) – especially after a fall or illness.

- Learning how to reduce the risk of falling, both at home and outside.
- Providing a home exercise program that helps to improve strength, balance, and increases overall physical activity levels.
- Education about healthy and successful ageing.
- Looking into community based activities that suit an individual’s interests.

IS HIP SUITABLE FOR YOU OR SOMEONE YOU KNOW?

HIP is aimed at people who are:

- Over 65 years of age.
- Low to moderate in their functional needs.
- Eligible for Home and Community Care (HACC) assistance.

HOW LONG IS THE PROGRAM?

The program runs for a maximum of three months. People may complete the program in less than three months, depending on their progress and which aspects of the program they participate in.

COSTS

This program is funded by HACC and if you participate in the program you will be required to pay a contribution under the terms of the WA HACC Fees Policy.

When you are referred to the program a fees assessment will be conducted to determine what you will be required to contribute towards your care.

This will be capped at the maximum level for all HACC services, including existing services (refer to the Silver Chain Customer Centre for more information).

WHAT HAPPENS AT THE END OF THE PROGRAM?

Individuals are reassessed at the end of the program and a plan will be put in place to ensure their needs are met.

FURTHER INFORMATION

For general enquiries about the Home Independence Program or any other Silver Chain service please phone 9242 0242 or visit our website at www.silverchain.org.au.

